

CARE 2B KIND HOU 'N FAMILIEDAG

Rustenburg – Care 2b Kind hou 'n familiedag op Saterdag 4 Mei 2019 by The Pink Rocks buite Rustenburg.

Daar sal stalletjies met lekker kos, handgemaakte items asook springkastele vir die kinders wees. Verskeie kunstenaars sal die skare vermaak. Die program begin om 10:00.

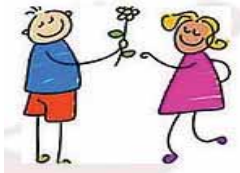
Die potjiekoskompetisie, waar spanne kan inskryf teen R250 per span, sal die oggend plaasvind – en later die aand gaan daar lekker geskoffel word op die dansvloer. Die dans begin om 18:30. Daar is net 'n sekere aantal kaartjies beskikbaar en besprekings is noodsaaklik.

Kaartjies vir die dans beloop R120 per paartjie, R30 per kind onder 13 en kinders onder vyf is gratis. Daar sal 'n kontantkroeg wees en braaipakkies kan gekoop word. Pap met tamatie en uiesous sal voorsien word.

Daar is ook baie pryse te wen!

Staanplek vir stalletjies is beskikbaar teen R200.

Vir meer inligting, skakel Riana Kroëse op 082 061 8458.



WEN 'N JAGNAWEEK!

Rustenburg – Ondersteun Boere Droogtehelp SA en wen 'n jagnaweek vir vier mense. Die prys sluit drie aande by 'n selfsorgteenheid, 'n gids, gebruik van 'n jagvoertuig, wildslag, skoonmaak dienste, vuurmaakhout, vier rooibokke en vier vlakvarke in. Bring slegs jou eie kos en drinkgoed. Kaartjies beloop R200 en die trekking sal plaasvind tydens Boere Droogtehelp SA se boeresportdag by Kleine Khomas op 13 Julie.

Vir meer inligting skakel Chris van Beljon op 082 961 6620 of JJ du Preez op 082 567 0363.



YOUR SMILE... OUR PRIORITY

Supreme
Dental Studio

DR.C.P BALOYI INC OH(up)BDS(MEDUNSA) PR NO: 0602086



SISONKE MEDICAL
AID ACCEPTED

SERVICES:

Braces | Teeth Cleaning | Teeth Whitening
Pain Management | Dental Implants
Crowns and Veneers | and many more...

34 von Wielligh Street Rustenburg
Tel: 014 592 6169 / 065 996 2328
www.supremedentalstudios.co.za



FOR MORE INFO OR BOOKINGS CONTACT:

014 592 5700

kobus@safetyadvantage.co.za

vianda@safetyadvantage.co.za

FREE
COFFEE
WITH ALL
TRAINING

CLASSES AVAILABLE EVERY WEEK:

- LEGAL LIABILITY FOR SUBORDINATE MANAGERS
- WORKING AT HEIGHTS
- HIRA
- BASIC FIRE FIGHTING
- HAND AND POWER TOOLS
- CONFINED SPACE



DID YOU KNOW? SAFETY ADVANTAGE IS ACCREDITED WITH SSETA

THESE ARE SOME OF
OUR SSETA ACCREDITED
COURSES:

1. ISO FACILITATION AND IMPLEMENTATION
2. ISO AWARENESS
3. OHSAS 18001
4. 45001:2018
5. 14001:2015
6. 9001:2015



DID YOU KNOW? SAFETY ADVANTAGE IS ACCREDITED WITH HWSETA/ TETA

THESE ARE SOME OF OUR HWSETA
ACCREDITED COURSES:

1. LEGAL LIABILITY FOR SUBORDINATE MANAGERS
2. HEALTH AND SAFETY REPRESENTATIVE
3. HIRA (HAZARD IDENTIFICATION AND RISK ASSESSMENT)
4. INCIDENT INVESTIGATION
5. PLANNED TASK OBSERVATION
6. LOCK-OUT PROCEDURE
7. GENERAL RISK MANAGEMENT INDUCTION
8. CAUSATION PROCESS TECHNIQUES
9. STORED ENERGY
10. PRACTICAL RISK ASSESMENT
11. FIRST AID LEVEL 1 AND LEVEL 2



“TO GOD BE ALL THE GLORY”

FOOD LOVER'S MARKET

AS SEEN ON TV!



ONE Papaya Prepack,
ONE Large Queen Pineapple,
ONE Banana Thriftpack,
ONE Apple Assorted Thriftpack &
ONE Orange or Naartjie Thriftpack

R50



Avocados
4forR25



Beef Biltong
R189 per kg



Paw Paws
2forR25



Green Pepper Thriftpack
or Green Bean Thriftpack
2forR25



Sweetcorn Punnets
2forR25



**SALAD
COMBO
R39**

ONE English Cucumber,
ONE Lettuce Prepack,
ONE Spanish Sante Cocktail
Tomato Punnet &
ONE Green Pepper
2's Punnet



Pineapples
4forR25



Sweet Potatoes Mini Pocket
15.99 each

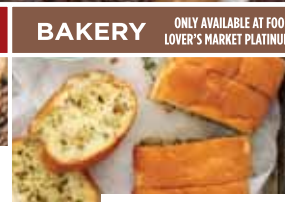


Golden Pockets
6forR50



CHEESE

Food Lover's White Cheddar, Cheddar,
Gouda & Mozzarella 400 g
3forR100



BAKERY

ONLY AVAILABLE AT FOOD
LOVER'S MARKET PLATINUM

TWO Pack Garlic Loaves x2's
R50



Soup Bread
R12 each



BUTCHERY

Ground Beef 1 kg
59.99 per pack



Kameelhout Boerewors
69.99 per kg



Pork Rib & Loin Chops
59.99 per kg



Chicken Fillets
59.99 per kg

MAKING LIFE JUST A LITTLE EASIER



GROCERIES

R50

COMBO
ONE Clover Full
Cream or Low
Fat Milk 2 L &
TWO Blue Ribbon
Classic White
Bread 700 g

R50

COMBO
Buy TWO
Blossom Lite Tubs
1 kg & get TWO
Paninis FREE!

R50

BUCKS

FREE!

**2 FOR
R50**

Olive Pride Extra Virgin
Olive Oil & Sunflower
Seed Oil 1 L



**ANY 4 FOR
R50**

Coke Range 1.5 L
(Excluding Coke Original)

**4 FOR
R50**

Food Lover's Shredded
Tuna in Brine 170 g



**4 FOR
R50**

Sunfoil Sunflower Oil 750 ml



OUR R50 SEAFOOD DEALS

R50

BUCKS

Braai Snoek 900 g

**2 FOR
R50**

All Purpose
Shrimp 240 g

R50

BUCKS

Food Lover's Smoked
Salmon 80 g

ONLY AVAILABLE AT FOOD LOVER'S MARKET PLATINUM

FREE PARKING AT PLATINUM. PENSIONER'S DAY EVERY WEDNESDAY, RUSTENBURG BEYERS NAUDE STREET

THE BEST IN FRESH GUARANTEED
RUSTENBURG

Food Lover's Market, Platinum Square, Howick Avenue, Cashan, Rustenburg, Tel: (014) 537 2727 • 185 Beyers Naude Street, Rustenburg
Valid: THURS 2 - SUN 5 MAY 2019 • Visit www.foodloversmarket.co.za to see all our super specials • While stocks last

ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY • HAMILTONS ADVERTISING 290419 • NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • E&OE

